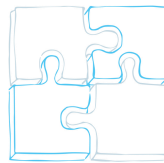


ABA Services by Sophia Catania, M.ADS, BCBA

Sophia supervises home and community based ABA and IBI teams in the region of Waterloo, for children and young adults with Autism Spectrum Disorder (ASD) and other developmental or behavioural disorders. She has worked in a variety of settings with many different populations, including centre-based programs, school support, and adult day programs.

She has always known that her future career would involve helping and working with children. Applied Behaviour Analysis has proven to be the perfect avenue.

Sophia received her Master of Applied Disability Studies (M.ADS) at Brock University. She is a Board Certified Behaviour Analyst (BCBA), as well as a certified Proloquo2Go 4 Trainer.

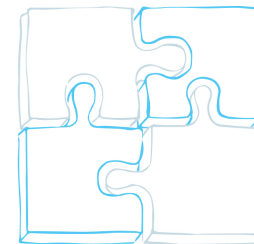


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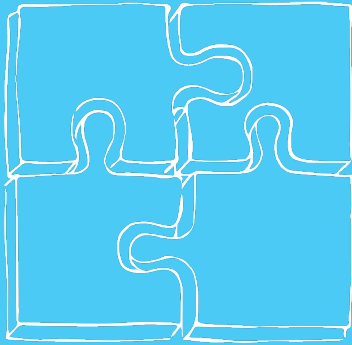
ABA SERVICES BY SOPHIA CATANIA, M.ADS, BCBA

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Providing evidence-based, meaningful, ABA services for families, so that all children can reach their full potential.

What is ABA?

Applied Behaviour Analysis (ABA) uses the principles of behaviour analysis to create treatment options that achieve socially significant improvements in behaviour. It can be used for children and adults with developmental or behavioural disorders, as well as typical populations. It is also the only evidence-based treatment for individuals with Autism Spectrum Disorder (ASD). ABA uses tools like motivation and reinforcement to facilitate learning and reduce challenging behaviours. It is designed to be implemented for 2-4 hours per week (or more).

What is IBI?

Intensive Behavioural Intervention (IBI) uses the same behaviour analytic principles as ABA, but is designed to be implemented for 20 hours (or more) per week.

Services

Sophia provides comprehensive services to create an effective home-based ABA program. This includes:

- Behaviour and skill assessments
- Individualized ABA programs to target your child's needs, teach new skills, and reduce challenging behaviours
- Supervision of programs
- Supervision and training of Instructor Therapists, who will implement programs in a 1:1 or group setting
- Parent training
- School support

Skills taught:

- Pre-academic and academic skills
- Communication
- Social skills
- Play and daily living skills

Behaviours targeted:

- Tantrums
- Aggression
- Toileting and picking eating
- Non-compliance

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